
Examples of goals a core member could pursue:

- Finish my GED by the the spring of next year.
- Regain custody of my children by next February.
- Get into safe and affordable housing by the New Year.
- Go for one full year without abusing alcohol.

Note: The core members have the ultimate say regarding what goals to pursue. They would never be expected to pursue goals that others have set for them.

The fellowship team would simply provide encouragement, guidance, advise and support as the core member(s) pursue the goals.

Examples of support include:

- Babysitting the core member's children while she studies for an exam.
- Driving him to recovery programs and doctors appointments.
- Offering advise and expertise.
- Patiently listening to the core member's frustrations.

Each team will agree to regular monthly meetings where they (1) share a meal, (2) converse and build trust and (3) plan the month. *If the core member is comfortable, there may also be a spiritual component as well; namely, a scriptural reading and a time of prayer).*



After the first year, the team will meet with the director of the program to assess the progress (or lack of progress) that has been made and celebrate successes. At this point, the team would face a choice: They can keep going together, continuing to work towards both old or new goals or (2) Dissolve the team.

“Whoever wishes to be great among you shall be your servant; whoever wishes to be first among you shall be your slave. Just as the Son of Man did not come to be served but to serve and to give his life as a ransom for many”

- Matthew 21:26-28

The Emmaus Way



What does this program do?



This program provides teams of support for individuals/ families living in unstable life circumstances. It also provides resources, guidance and oversight for the teams as they work towards certain goals.

Who is this program for?



1 A person/family living in unstable circumstances. In other words, a person whose life has been disrupted by disease, injury, drug addiction, abuse, unemployment, lack of education, imprisonment, etc. Such a person could be a single-mother living below the poverty line, struggling to raise several children on her own; a recovering addict, seeking to rebuild his life or a homeless teen struggling to complete a GED and find safe housing.

2 A person/ family lacking a natural support network. Many people who fall into a crisis have an extensive network of family and friends to help them through. For those who don't, however, a crisis can become crippling and unmanageable. **This program is designed for such people.**

Who is part of the “Fellowship Team?”



The person/family being helped is at the very heart of the team and, for this reason, is referred to as the “core member,” or “core family.” They, with the advise and guidance of the program director, would choose 6 to 8 people to form their team. The team would consist of people from the core member’s church community, an aunt or an uncle, a neighbour, a close friend or others whom the director recommends. **The core member has the ultimate say on who or who is not on the team.**

What would the Team do to help the Core Member(s)?



With some guidance and advise, the core members would choose two or three relevant, short-term goals that would significantly move them forward in life and get them out of their situation of instability.

Over the course of a roughly one year period, the team will work together in achieving these common goals.

Our Core Values

Purpose: Members of Fellowship Team are all to work together for a common purpose; namely, the achievement of relevant goals set by the core



Dignity: Each team member is to regard the other with dignity and respect- not treating anyone as an object.

Sharing: Everyone is to bear the load together. No one must take on an excessive share of the work.

Fidelity: The members of the fellowship must demonstrate a high degree of faithfulness to the team and its goals, following through with everything they have committed themselves to do.